

**PSYC 1010 6.0 H: INTRODUCTION TO PSYCHOLOGY  
FALL/WINTER, 2015-2016**

**Instructor:** Dr. Rebecca Jubis

**Office:** Rm. 251 B.S.B. (Behavioural Sciences Building)

**Office Hours:** By appointment

**Secretary:** Agnes Levstik, located in Rm 281 BSB, phone: 416-736-5125

**Email:** jubis@yorku.ca. Be sure to indicate your course and section, and sign with your full name.

**Website:** Go to: <https://moodle.yorku.ca>  
Log in with your Passport York account  
Click on the course  
If you require assistance in accessing the website, please contact  
esohelp@yorku.ca or call 416-736-5800 (I will not be able to help)

It is important that you logon to Moodle. If you do not, you will not have access to important course information or to your grades, and you will not receive important notifications/reminders that I email to the class.

**Teaching Assistant Contact Information:** soon to be posted on Moodle

	<u>Time</u>	<u>Location</u>
<b><u>Lectures:</u></b>	Friday 2:30-5:30	CLH-L

**Course Description:**

This course is designed to provide you with a broad overview of the field of Psychology. We will begin by examining research methods that are commonly used in Psychology and this will be followed by an examination and comparison of the different perspectives that have been adopted for viewing and interpreting human behaviour. Some of the topics that will be covered are: Freudian theory, biological aspects of behaviour, personality, memory, motivation, social influence, learning, and psychological disorders

**Required Text:**

**David G. Myers and C. Nathan Dewall (2015). Psychology: 11th edition in MODULES. Worth Publishers.**

**IMPORTANT:** The 11<sup>th</sup> edition in Modules is similar to the earlier edition (10th edition in Modules; Special Update for DSM-5 version with a red stamp on the cover) but there ARE differences in content and modules have been re-organized. **Tests will be based on the 11<sup>th</sup> edition in Modules** and if you choose to use other versions of the text, “use at your own risk”. I made the 11<sup>th</sup> edition available at the Reserve Desk in the Scott Library if you want to compare.

This **textbook** is available in either a “loose-leaf” or a “hard cover” version (the loose-leaf version being the least costly), and is bundled with **LaunchPad, an on-line resource.**

**LaunchPad** is an excellent tool for studying and testing your understanding of course material and contains a study guide, tutorials, quizzes etc. Be sure to make good use of it!!

**To activate LaunchPad see the link on Moodle or go to:**

**<http://www.macmillanhighered.com/launchpad/myers11einmodules/1887213>**

**and enter your access code that was provided when you purchased the textbook.** If you don't have an access code, you can go to this site and purchase one.

## **READINGS (in order of instruction) AND TEST SCHEDULE**

### **FALL TERM:**

#### **THE STORY OF PSYCHOLOGY**

Module 1 – What is Psychology?

#### **THINKING CRITICALLY WITH PSYCHOLOGICAL SCIENCE**

Module 2 – The Need for Psychological Science

Module 3 – Research Strategies

Module 4 – Statistical Reasoning in Everyday Life

#### **PERSONALITY**

Module 46 – Introduction to Personality and Psychodynamic Theories

Module 47 – Humanistic Theories and Trait Theories

Module 48 – Social-Cognitive Theories and the Self

### **TEST 1 – OCTOBER 23 (worth 28%)**

**Modules 1-4; Modules 46-48; Video #14**

#### **LEARNING**

Module 21 – Basic Learning Concepts and Classical Conditioning

Module 22 – Operant Conditioning

Module 23 – Biology, Cognition, and Learning

#### **SOCIAL PSYCHOLOGY**

Module 42 – Social Thinking

Module 43 – Social Influence

Module 44 – Antisocial Relations

Module 45 – Prosocial Relations

#### **CONSCIOUSNESS AND THE TWO-TRACK MIND**

Module 8 – Brain States and Consciousness

Module 9 – Sleep and Dreams

Module 10 – Drugs and Consciousness

#### **THE BIOLOGY OF MIND**

Module 5 – Neural and Hormonal Systems

Module 6 – Tools of Discovery and Older Brain Structures

Module 7 – The Cerebral Cortex and Our Divided Brain

**TEST 2 - DECEMBER 4 (worth 20%)****Modules 21-23; Modules 42-45; Modules 8-10; Modules 5-7; Video #19****WINTER TERM:****MEMORY**

Module 24 – Studying and Encoding Memories

Module 25 – Storing and Retrieving Memories

Module 26 – Forgetting, Memory Construction, and Improving Memory

**THINKING AND LANGUAGE**

Module 27 – Thinking

Module 28 – Language and Thought

**INTELLIGENCE**

Module 29 – What is Intelligence?

Module 30 – Assessing Intelligence

Module 31 – The Dynamics of Intelligence

Module 32 – Genetic and Environmental Influences on Intelligence

**WHAT DRIVES US: HUNGER, SEX, FRIENDSHIP AND ACHIEVEMENT**

Module 33 – Basic Motivational Concepts

Module 34 - Hunger

Module 35 – Sexual Orientation ONLY (section 35-6 on pg 440-446)

Module 36 – Affiliation and Achievement

ALSO:

Module 37 – Introduction to Emotion

Module 38 – Expressing Emotion

Module 39 – Experiencing Emotion

**TEST 3 - FEBRUARY 26 (worth 28%)****Modules 24-26; Modules 27-28; Modules 29-32; Modules 33-36 (but only section 35-6 for Module 35); Modules 37-39; Video #16****OPTIONAL EXPERIENTIAL EXERCISE – DUE FEB 26 (when you write Test3) (2% bonus)****EMOTIONS, STRESS, AND HEALTH**

Module 40 - Stress and Illness

Module 41 - Health and Coping

**PSYCHOLOGICAL DISORDERS**

Module 49 – Introduction to Psychological Disorders

Module 50 – Anxiety Disorders, OCD, and PTSD

Module 51 – Depressive Disorders and Bipolar Disorder

Module 52 – Schizophrenia

Module 53 – Dissociative, Personality, and Eating Disorders

THERAPY

Module 54 – Introduction to Therapy and the Psychological Therapies

Module 55 – Evaluating Psychotherapies

Module 56 – The Biomedical Therapies and Preventing Psychological Disorders

SENSATION AND PERCEPTION

Module 18 – Basic Concepts of Sensation and Perception

Module 19 – Vision: Sensory and Perceptual Processing

Module 20 – Nonvisual Senses

**\*\*\*TEST 4 – MONDAY, Apr 4 (worth 20%) (the university is closed on Fri, Mar 25 for Good Friday and the university has assigned Monday, Apr 4 as the official make-up day for all Friday classes).**

**Modules 40-41; Modules 49-53; Modules 54-56; Modules 18-20; Video #23**

**Supplemental Materials Posted on Moodle:**

Lecture notes, taken by teaching assistants, will be posted on Moodle, but they should not be considered a substitute for attending classes.

Under the different topic headings posted on Moodle, you will sometimes find additional helpful and interesting resources that relate to course material. These include exercises to test your understanding of the textbook material, and short video-clips that demonstrate some of the concepts presented in the text. (You will not be tested on this material, but I urge you to check it out).

**On-Line Open-Forum Discussion:**

You can participate in a general discussion forum on Moodle where you are free to discuss with classmates, course-related issues or any psychology-related topic or concern. Discussions will be monitored regularly by a teaching assistant.

**METHODS of EVALUATION:**

There will be 4 tests, URPP participation, and an optional “experiential exercise”..

**A) TESTS**

There will be a total of 4 tests, and each will consist of about 120 multiple-choice questions and 4 short-answer questions. These tests will not be cumulative. For testing purposes, you are responsible for assigned modules in the text (even if the material was not covered in class), and all material presented in lectures and videos. (Videos are discussed below). Each test will contain one or two multiple-choice questions from each assigned video.

**IMPORTANT: Photo ID (YU-card preferable) is required to write all tests.**

Tests/assignments are not returned to students, however, you can make arrangements with your TA to view them. **Arrangements to view any tests must be made with your TA BEFORE Test 4.** You will need to produce photo ID.

**Missed Tests:**

If you are unable to write a test for medical reasons or personal crisis, **you must notify your teaching assistant** by email **NO LATER THAN 48 HOURS** after the test. Also, you must have appropriate documentation for your absence. **If you miss a test for medical reasons, your physician must complete the “Attending Physician’s Statement” form that can be**

**downloaded from Moodle.** To be deemed valid, the document must contain the **office stamp** and be **dated close to the time** of illness. **Alternative medical notes will not be accepted.** Hand in your documentation to your teaching assistant at the time of the make-up test. You will NOT be allowed to write a make-up test under any other circumstances! I would strongly advise against writing a test if you are ill, because grades will NOT BE ADJUSTED after-the-fact to compensate for such circumstances.

### **Make-up Tests:**

Make-up tests are typically scheduled about one week after the original test.

### **Test Accommodations for Persons with Disabilities:**

If you are registered with the Counselling and Disability Services (CDS) and will be writing your tests through “alternative exams” (arranged by the Registrar’s Office), you must provide me with your letter of accommodation at the beginning of the course. It is important that, at the **beginning of the year, you schedule ALL four tests with that office.** If you miss a test, you must make arrangements immediately to write a make-up test, and you must provide me with your documentation for missing the test.

### **B) UNDERGRADUATE RESEARCH PARTICIPATION POOL (URPP)**

The Department of Psychology requires that students earn 4% of their final grade by participating in research. This research is conducted by faculty and graduate students and has received ethical approval. The types of studies are quite varied and a number of them are on-line studies. This 4% is earned by participating in research for a total of 6 hrs (6 credits). You can earn 3 credits (2%) by participating for 3 hrs in the fall term and earn another 3 credits (2% ) by participating for 3 hrs in the winter term. **IMPORTANT: you cannot earn all 6 credits (4%) in just one term. If you complete all 6 credits in the fall, or all 6 credits in the winter, you will earn only 2% and NOT 4%. Also, if you earn 3.5 credits in the fall, for instance, the .5 credits will NOT be carried over into the winter term.**

You are strongly encouraged to partake in this research. Not only does it give you the opportunity to experience what types of studies are conducted in Psychology, but 4% can make a difference in your letter grade! Do not wait until the last minute to participate because your choices might be limited, and all available studies might be filled.

**URPP opens on Sept. 10 and the deadline for participation for the fall term is Dec. 23. (Winter term – Jan 3 to Apr 4, 2016).**

If you prefer not to participate in research, you can choose to participate in the “**paper stream**” option instead. For this alternative, you must analyse a published psychology research report that will be assigned to you by the URPP office, after you **notify them of your preference for this option.** Depending upon the quality of your responses, you can earn up to 4% of your final grade. **IF YOU CHOOSE THIS “PAPER STREAM” OPTION, YOU MUST NOTIFY URPP at [urpp@yorku.ca](mailto:urpp@yorku.ca) BY OCTOBER 2.**

A link to URPP information will be set up on our course website as soon as that information becomes available. It will provide you with instructions about how to register with URPP, important URPP rules, as well as important dates and deadlines. In addition, a URPP representative will soon be visiting the class to provide details.

Be sure to provide your correct **course section** when you register with URPP or you may not receive credit for your participation.

**C) OPTIONAL “EXPERIENTIAL” EXERCISE (to be posted on Moodle)**

This exercise is intended to encourage you to have a more direct experience with some psychological concepts, and a greater appreciation of how psychological variables impact your everyday lives.

Partaking in this exercise will also give you a chance to earn a **BONUS 2% to be added to your final overall grade** (over and above the 100% accounted for by tests and URPP participation).

There is no obligation to complete this exercise, but if your final grade is borderline, this 2% bonus could raise your mark to a higher letter grade. **All that is required is for you to submit a 1-page paper.**

**Due date: FEB. 26 in class when you write Test 3.**

**Videos:**

You will be required to view a few videos that are relevant to some of the topics that we will be covering. These 25-min long videos are available on-line. One or two multiple-choice questions from a given video will be asked on a test, and the questions will be quite general in nature.

There is a **link to the videos on Moodle**, or go to:

<http://www.learner.org/resources/series138.html> and click on the “VoD” icon located on the right of the video title. If you have trouble accessing the videos this way, try to simply “google” the title.

<u>Video #</u>	<u>Title</u>	<u>Test</u>
14	The Mind Hidden and Divided	Test 1
19	The Power of the Situation	Test 2
16	Testing and Intelligence	Test 3
23	Health, Mind and Behaviour	Test 4

**EVALUATION SUMMARY:**

**TEST 1 - OCTOBER 23**(worth 28%)

Modules 1-4; Modules 46-48; Video #14

**TEST 2 - DECEMBER 4** (worth 20%)

Modules 21-23; Modules 42-45; Modules 8-10; Modules 5-7; Video #19

**TEST 3 - FEBRUARY 26** (worth 28%)

Modules 24-26; Modules 27-28; Modules 29-32; Modules 33-36 (but only section 35-6 for Module 35); Modules 37-39; Video #16

**\*\*TEST 4 – MONDAY APRIL 4** (worth 20%)

Modules 40-41; Modules 49-53; Modules 54-56; Modules 18-20; Video #23

**\*\* IMPORTANT\*\* - The university is closed on Fri, Mar 25 for Good Friday so Monday, Apr 4 is the university’s official make-up day for all Mar 25 classes.**

**URPP** – (Research Participation) (worth 4%)

**OPTIONAL EXPERIENTIAL EXERCISE** – FEB 26 when you write Test 3 (2% bonus)

**Please Note:**

If you require a particular grade in this course, please work now towards attaining it. This course does not offer extra assignments or tests at the end of the course to accommodate students who are a few marks short of their desired grade.

A letter grade will be “rounded up” when calculating your overall final grade if your final percentage ends in .50 or higher. For example, if your final grade is 74.50% it will be rounded up from a B to a B+. However, if your final percentage is 74.38% for example, your letter grade will remain a B. You must draw the line somewhere and .50% is the designated cut-off.

*The last day to withdraw from the course so that your grade does not appear on your transcript is Friday, February 5, 2016.*

**Marking Scheme Used In This Course:**

A+	90 and above
A	80-89
B+	75-79
B	70-74
C+	65-69
C	60-64
D+	55-59
D	50-54
E	40-49
F	below 40

A regulation has been passed by the Senate of York University stating that students require a **minimum grade of C (4.0) in PSYC. 1010 6.0** to be allowed to pursue a degree in Psychology, or to enrol in further Psychology courses even if they do not plan to major in Psychology.

**Cheating:**

**Don't even consider it....it's not worth it!! York University considers cheating and plagiarism a serious offence, and penalties are harsh.**

Please go to: [www.yorku.ca/academicintegrity/students/index.htm](http://www.yorku.ca/academicintegrity/students/index.htm) and read the **Senate Policy on Academic Honesty** and complete the **Online Tutorial on Academic Integrity**. (There is a link to this on Moodle).